Sutton Park School Newsletter – 4 Nov. 2026

Ph. 276-4560 Email: office@suttonpark.school.nz

Nga mihi, mālō e lelei, talofa lava, kia orana, bula, namaste, talofa ni, fakalofa lahi atu, sabiadee, ola, bonjour, ni hao, welcome, konichi wa, আরে

Term 4, Week 4, Wednesday 4 November 2026
Theme: Aiming High & Doing Your Best
Values: Respect & Excellence

Aotearoa Teachers Day 2026

Every year Aotearoa NZ celebrates Teachers Day around this time and on Monday we put on a Luncheon for our staff here at Sutton Park School. I want to honour all our staff for their commitment, hard work, dedication and their aroha for all our children. You are championing our students to be the best they can be and I thank you for that.

Some responses from our recent student surveys:

'Best teacher, teaches us everything, she is kind, she teaches us so we can learn.'

'Helps us all the time, nice, kind, we do art, says nice things, reads us stories & poems.'

'Funny, beautiful, nice, kind, smart, helps us in our learning, jokes with us, helps us learn what we need to learn to be successful, loves us.'

'When we make mistakes she always corrects us, she makes us happy at school, she's kind, and helps us, she's sweet and always happy, she's beautiful'.

'Encourages me to try and push my limits, telling me to join sports, take part in different education programmes that help me.'

These responses from our very own students gives me an indication of the positive relationships that are built amongst students and teachers which is very important. Well done teachers.

Fireworks / Guy Fawkes

Guy Fawkes day is Thursday 5th November 2026. Please be safe out there with our children and ensure that you, as parents, are supervising if you have fireworks.

A reminder too, that **no** fireworks of any sort are allowed on school grounds.

Term 4 - Week 3 Attendance

This is our attendance data for last week. We are trying to support our families in getting children to attend school every day. So, this is a start for you to monitor our school attendance data, week by week, during the term.

Y1 - 82% Y2 - 81% Y3 - 80% Y4 - 87%
Y5 - 88% Y6 - 90% Y7 - 85% Y8 - 88%

All of our year levels are in the 80% and over which is good and it will be extremely good if all our year levels are in the 90% range. We can get there by working together. We can do this.

Our top classes from each syndicate are as follows:

Whenua – R13B (91%) Moana – R6 (96%)
Aorangi - R7 (95%) Atea – R2 (92%)

They will be getting their Mr Whippy treat on Friday 6 November.

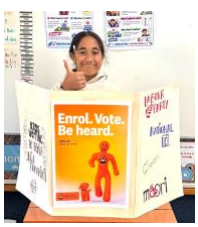


Photo: Abigail R21, happy to have a chance to vote!

Fata Vaitimu Togi Lemanu, Principal.

Term 4 Dates- please add to your calendar

Week 4: Dental Van onsite; Assessment Week
Wed. 4 Nov: School leaders LIT Session 3.15pm @Bader Int.
Thurs. 5 Nov: CM Games @ Bruce Pulman Park, Takanini
Friday 6 Nov: CM Games @ Bruce Pulman Park, Takanini
: Mr Whippy for best attendance W2 and W3

Week 5: Dental Van onsite
Thurs. 12 Nov: Fire Truck Visit for Whenua
Friday 13 Nov: Mufti Day for Rumaki fundraising (gold coin)
: Mr Whippy for best attendance W4

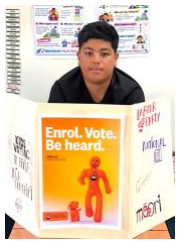
Week 6:
Tues. 17 Nov: Y7&8 Athletics
Wed. 18 Nov: LIT session at Bader Int. 3.15pm
: Sia Ua parents' fono 4.30pm
Thurs. 19 Nov: Y6&7-Transition/Camp Meeting for 2027 @ 4pm
Friday 20 Nov: Mr Whippy for best attendance W5

School Hats $15 each



During Term 4, we will be wearing our school hats when outside. A reminder to all our students, if you do not have a hat then you are not allowed to play out in the sun. You can pay with cash, Eftpos or via online banking.
There are 4 sizes available: 55cm, 57cm, 59cm and 61cm.

New Zealand Election - Voting



Having a say in the elections is important and your voice is important. Voting at many places around South Auckland opened last week and they continue to be open until 7pm this Saturday 7 November. Take your family to a polling booth near you and have your say.
Students have been learning about the voting process here at school and have even had a go at voting! *Right: Manisela R21 casting a vote.*

Assessments

So far, the assessment weeks are going well and just a reminder to all our parents that your child/ren needs to be at school to sit these assessments. If your child/ren have been absent from school during the assessment weeks then they will need to do a catch up tests which will be next week. Our classroom teachers cannot give an accurate report if your child/ren are absent.

School Photos

Emails have been directly sent to you from Photolife, so you can order your photos. If you have not received one, please check your **junk, spam, or promotions folders.** If you still cannot find your code, contact the school office.
Free delivery applies to orders placed before **midnight on Sunday, 15 November 2026.**

Community fono 2026

I want to express my thanks to all the parents who have made it to the 4 community fono sessions throughout the year. Your voice is valuable with decision making for the school and thank you so much for your input this year. We are looking at ways of getting more parents to attend next year 2027 fono especially in Terms 2 and 4. The Terms 1 and 3 fono are a little bit better attended with having it in syndicates. If you have any good ideas and want to share them, please email the school office with your ideas:office@suttonpark.school.nz

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Our Social Worker (SWIS) is Eunice. If you need any help, please contact her Ph 021 417 321 or email eunice@mefsc.org.nz.

Reminder
Please let the office know if you have changed your address, email or phone numbers. You can do this via the school website, call, email or visit the school office.

Uniform Donations
We welcome any washed uniforms that your child may have outgrown or no longer requires. Please drop off to the office.

New Entrant Enrolments and Transitioning Term 4 2026
Students turning 5 / new entrants **must** transition before starting school. **Students wanting to start at the beginning of T1 2027, need to transition this term.**
Week 5 - Intake 3 - From Monday 9 November
Week 6 - Tues- Thurs 17 Nov. - 19 Nov. (transitioning) 9am-11am
Week 7 - Intake 4 - From Monday 23 November
Interested in your tamariki enrolling in the Rūmaki…
You can come and visit the Rūmaki Māori during the **even** weeks of Term 4 - Thursday mornings between 10am-11am.

Camp Payments
Payments can be made in the office by Eftpos or cash, or via bank transfer from the convenience of home:
ASB 12 3079 0198868 00 (Sutton Park School Board)
Please use your child's name and CAMP26 as references.

Parent Surveys
Please, if you have not done so, do complete the survey that was sent to you last week. The link will be posted up on our school Facebook page and our school website. Thank you.

Y8 Students
Please let the office know which high school/college your child will be attending in 2027.
If they have not been enrolled yet, do so as soon as possible.

Baby Bottle -did you lose a baby bottle with a green lid? One is here in the school office, waiting for its owner!

Mufti Donations
Thank you for your help! Last Friday we raised $679 on Atea Syndicate's Mufti Day. This will help fund their end of year fun day trip to the pools.



Birthdays this week and next…
Today: Samson R5
Tomorrow: Sina R2, Jacob R3, Kelekolio R6B and Nessa R16
Friday: 'Ileini R9A, and Jacob R20
Saturday: Esther-Ann R12 and Carleine R3
Sunday: Edith R6
Monday: Sione (Malakai) R9
Tuesday: Donald R2



School Lunches
Please organise lunch for your child/ren during our last week of term (Mon. 7 Dec. – Friday 11 Dec.) and the first 2 weeks of 2027. The free lunches will start in Week 3 of 2027.
Also, all the lunches provided by the lunch collective are nut free and also suitable for Halal diets, or those who have fish/seafood allergies.

Senior Netball Teams



Our Senior Netball teams had their prize giving last Thursday and they had the honour of having Marie Payn, *(in the centre of the photos),* from the Tonga Tala International Team be there. It was a great evening celebrating our students' success.





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Care options for you and your whānau

Your usual doctor/GP is the best place to provide you with routine and follow-up care. You can find a GP at **healthpoint.co.nz**

There are a range of healthcare options available if you can't see your regular GP. Many are available after hours and at weekends.

Healthline 0800 611 116

- Free over-the-phone health advice 24/7 from nurses and paramedics.
- Māori clinicians are available from 8am to 8pm weekdays.
- You can send photos or videos to help explain your symptoms.
- Option to ask Healthline to call you back.

Visit **info.health.nz/healthline**

Online doctor

- Online or over-the-phone appointment with a doctor if you can't get one with your usual GP, or you don't have a GP.
- Available any time including after hours and weekends.
- Low-cost appointments for children and Community Services Card holders at some providers.

Find an online doctor at **info.health.nz/OnlineGP**

Pharmacy

- Advice on medications and minor concerns including colds, rashes and itchy skin.
- Many can also help with eye infections, urinary infections, emergency contraception, vaccinations and more.
- May be able to provide a few days of medication if you run out and need a new prescription.

Find a pharmacy at **healthpoint.co.nz**

After hours and urgent care clinics

- After hours or urgent care if your GP isn't available and you need to see someone in person.
- For urgent medical issues including breaks, sprains, bad cuts, head knocks, minor burns, eye and ear issues, and if you feel really sick.
- Free appointments for children and low-cost appointments for Community Services Card holders at some clinics.

Find your nearest urgent care clinic at **healthpoint.co.nz**

Visit **info.health.nz** for health advice and information on services.

Kimihia ngā ratonga tiaki hauora e tika ana mōu me tō whānau

Ko te wāhi pai katoa hei tiaki i tō hauora ko tō rata, ko tō ratonga hauora rānei. Kimihia tētahi rata i **healthpoint.co.nz**

He whānui ngā kōwhiringa tiaki hauora hei whai māu ki te kore koe e āhei ki te kite i tō rata. He nui e wātea ana i ngā hāora tōmuri me ngā mutunga wiki.

Healthline 0800 611 116

- He tohutohu utukore i te waea nā ngā tapuhi me ngā manapou tata, ao noa, pō noa.
- He rata Māori e wātea ana mēnā kāore ō rata, mai i te 8 i te ata, ki te 8 i te pō i ngā rā o te wiki.
- Tukua mai he whakaahua, he ataata rānei hei whakamārama i ō tohumate.
- Tonoa a Healthline kia waeahia koe.

Toro mai ki **info.health.nz/healthline**

He tāpui rata ā-ipurangi

- He tāpui ā-ipurangi, ā-waea rānei me te rata, mēnā kāore e āhei te pērā i te taha o tōu ake rata.
- E wātea ana i ngā wā katoa, i ngā hāora tōmuri me ngā mutunga wiki.
- He tāpui iti te utu mā ngā tamariki me ērā he kāri ratonga hapori ā rātou i ētahi ratonga.

Kimihia tētahi rata i **info.health.nz/OnlineGP**

Toa rongoā

- He tohutohu mō ngā rongoā me ngā mate iti, pēnei i te maremare, ngā hakihaki me te torotiti.
- He nui anō ka āwhina i ngā toretore kanohi, ngā mate aramimi, ngā ārai hapū ohotata, ngā rongoā āraimate me ētahi atu mea.
- Ka āhei pea ētahi ki te hoatu rongoā mō ētahi rā ki te pau i a koe ōu, waihoki, e pīrangi tūtohu ana koe.

Kimihia tētahi toa rongoā i **healthpoint.co.nz**

I ngā hāora tōmuri me ngā whare haumanu ohotata

- He āwhina i ngā hāora tōmuri, he āwhina ohotata rānei mēnā kāore tōu ake rata e wātea ana, waihoki, me kite ā-kanohi koe i tētahi.
- Me he take ohotata, pēnei i te whati, te takoki, ngā motu kino, ngā tukinga upoko, ngā wera iti, ngā mate kanohi, ngā mate taringa, ā, mēnā kei te tino māuiui koe
- He tāpui utukore mā ngā tamariki, he tāpui iti te utu mā ērā he kāri ratonga hapori ā rātou i ētahi whare haumanu.

Kimihia tō whare haumanu tūtata i **healthpoint.co.nz**

Toro mai ki **info.health.nz** he tohutohu ā-hauora, he kōrero anō mō ngā ratonga kei konei.

Health New Zealand
Te Whatu Ora

Saili le tausiga faalesoifua malōlōina e tatau mo oe ma lou aiga

O lau foma'i masani/ foma'i faaleaiga o le nofoaga pito sili lea mo ou manaoga faalesoifua malōlōina o aso uma. E mafai ona e maua se falema'i faaleaiga poo le (GP) i le upega tafailagi o le **healthpoint.co.nz**

E tele ituaiga auaunaga faalesoifua malōlōina o lo'o iai pe afai e lē mafai ona maua sou avanoa i lau fomai faaleaiga. O le tele lava e tatala pe a manava galuega ma faaiuga o le vaiaso.

Healthline 0800 611 116

- O fautuaga faalesoifua malōlōina i luga o le telefoni e maua fua, 24 itula, 7 aso o le vaiaso mai tausi soifua faapea fesoasoani muamua.
- O foma'i Māori e iai tomai faapitoa e avanoa mai le 8 i le taeao e tau i le 8 i le po, Aso Gafua – Aso Faraile.
- E mafai ona e lafoa iai ata po'o ata pu'e e fesoasoani i le faamatalaina o ou āuga.
- E iai le filifiliga e avatu e talosagaina ai le Healthline e toe telefoni atu ia te oe.

Asiasi i le upega tafailagi a le **info.health.nz/healthline**

O le upega tafailagi ma le telefoni o lau foma'i mo se taimi faatonuina

- O le upega tafailagi po'o le telefoni mo se taimi faatonuina ma se foma'i pe a lē mafai ona maua se avanoa ma lau fomai faaleaiga ia po o le leai fo'i o sau fomai faaleaiga.
- E avanoa i soo se taimi e aofia ai pe a manava galuega ma faaiuga o vaiaso.
- E taugofie taimi e vaaia ai tamaiti ma tagata e iai a latou community services card i isi auaunaga faalesoifua malōlōina.

Saili se foma'i i luga o le upega tafailagi o le **info.health.nz/OnlineGP**

Fale talavai

- Fautuaga mo talavai ma nai popolega e aofia ai le isu mamafa, papala ma le mageso o le tino.
- E tele foi e mafai ona fesoasoani atu pe a mama'i mata, tulitā, faafuaseia mo le fuafuaina o le fanau, tui puipui ma isi mea e tele.
- Atonu e maua ni nai aso o talavai/vailaau pe a uma inumaga a'o talia le talavai fou.

Saili se fale talavai i luga o le upega tafailagi **healthpoint.co.nz**

O falema'i e tatala i le te'a o le 5 i le afiafi ma ma'i faanatinati pe faafuase'i

- O falema'i e tatala pea i le te'a o le 5 i le afiafi ma ma'i faafuase'i pe afai ua le avanoa lau fomai faaleaiga ma ua manaomia lou vaaia o se foma'i.
- Mo mataupu tau le soifua malōlōina faanatinati ma faafuase'i e aofia ai gau, māsui, lavea leaga, ulu fetoai, mū laiti, faaletonu i mata ma taliga ma pe afai e lagona le ma'i tele.
- E vaai fua tamaiti ma pa'u le tau mo i latou e iai community service card, i nisi falemai.

Saili lau falema'i faafuasei o lata ane i luga o le upega tafailagi **healthpoint.co.nz**

Asiasi i le upega tafailagi o le **info.health.nz** mo faamatalaga i auaunaga.

Health New Zealand
Te Whatu Ora

Fekumi ki he tokoni lelei taha ma'au pea mo ho fāmili´

'E ma'u 'a e ngaahi tokoni lelei taha ki ho'o ngaahi fiema'u ki he mo'uilelei´ he taimi kotoa pē mei ho'o toketā fakafāmili´/kautaha pē potungāue 'oku nau tokangaekina 'a e kāinga Pasifiki´. Vakai ki he lisi 'o e kau toketā fakafāmili´ pē 'oku 'iloa ko e (GP) 'i he uepisaiti **healthpoint.co.nz**

'Oku 'i ai pē mo e ngaahi tokoni kehekehe ki he mo'ui´ kapau 'oku 'ikai faingamālie ke ke sio ki he toketā. Ko e tokolahi 'oku nau faingamālie hili 'a e ngaahi houa ngāue angamaheni´ pea mo e faka'osinga 'o e uike´.

Healthline 0800 611 116

- Ma'u ha ngaahi fale'i ta'etotongi 'i he telefoni´ 'i ha fa'ahinga taimi pē 24/7 mei he kau neesi´ mo e kau taukei ki he ngāue fakafaito'o fekau'aki fakatu'utāmaki fakavavevave´ pe 'oku 'iloa ko e kau paramedics.
- 'Oku 'ataa 'a e kau toketā Mauli´ 'i he faka'osinga 'o e uike´ mei he 8am ki he 8pm.
- 'E lava ke ke 'ave ha ngaahi 'ata pe vitiō ke tokoni ki he talatala ho ngaahi faingatā'ia´.
- 'Oku lava pē ke kole ki he kau ngāue 'a e Healthline ke nau toki tā atu.

Vakai ki he uepisaiti **info.health.nz/healthline**

Ko e ngaahi 'apoinimeni toketā 'i he 'initanetí

- 'Apoinimeni toketā 'i he 'initanetí pe telefoni 'o kapau 'oku 'ikai ke ma'u ha faingamālie ke ke sio ai ki ho'o toketā fakafāmili´ pe toketā, pe 'oku te'eki ke 'i ai ha'o toketā fakafāmili.
- Faingamālie pē 'i ha fa'ahinga taimi 'o kau ai 'a e ngaahi houa ngāue angamaheni´ mo e faka'osinga 'o e uike´.
- Totongi ma'ama'a 'o e ngaahi 'apoinimeni 'a e fānau iiki´ mo kinautolu 'oku 'i ai 'enau kaati 'oku 'iloa ko e Community Services Card.

Fekumi ki ha toketā 'i he 'initanetí´ 'i ha'o vakai ki he uepisaiti **info.health.nz/OnlineGP**

Faletalavai

- Fale'i fekau'aki mo e ngaahi faito'o pe fo'i 'akau´ mo e ngaahi faingatā'ia fakasino´ 'o kau ai 'a e ma'u 'e he momoko´, mahaki kili pe velia e kili´.
- 'Oku tokolahi 'a kinautolu te nau lava ke tokoni ki he ngaahi mahaki 'o e mata´, ngaahi mahaki 'o e halanga vai´, tokoni fakato'oto'o ki he fakavaha fanau´, ngaahi huhu malu'i´ mo e ngaahi tokoni kehe pē.
- Mahalo na'a lava ke ma'u ha'o faito'o pe fo'i 'akau fakataimi pē kapau kuo 'osi pe toe fiema'u ha faito'o pe fo'i 'akau fo'ou.

Vakai ki he uepisaiti **healthpoint.co.nz** ki he lisi 'o e ngaahi fale talavai´.

Ngaahi kilīniki 'oku ava hili 'a e taimi ngāue angamaheni´ pe 'oku nau fakahoko 'a e ngaahi tokoni fakavavevave´

- Ngaahi tokoni hili 'a e houa ngāue angamaheni´ pe tokoni fakavavevave kapau 'oku 'ikai ke faingamālie 'a ho'o toketā fakafāmili´ pea 'oku´ ke fiema'u ke ke sio hangatonu ki ha toketā.
- Ki he ngaahi tokoni fakafaito'o fakavavevave kau ai 'a e fasi, maumau ki he uoua, lavea lahi, lavea lahi ke he 'ulu´, vela iiki, palopalema ki he mata´ pe telinga´ pē ongo'i faingatā'ia 'aupito.
- 'Apoinimeni ta'etotongi ki he fānau iiki´ mo e totongi ma'ama'a 'a e 'apoinimeni ki a kinautolu 'oku 'i ai 'enau kaati 'oku 'iloa ko e community service card 'oku ngāue'aki 'i he ngaahi kilīniki´.

Vakai ki he uepisaiti **healthpoint.co.nz** ki he kilīniki ofi taha ki ha ngaahi tokoni fakavavevave.

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