Sutton Park School Newsletter – 21 Oct. 2026

Ph. 276-4560 Email: office@suttonpark.school.nz

Nga mihi, mālō e lelei, talofa lava, kia orana, bula, namaste, talofa ni, fakalofa lahi atu, sabiadee, ola, bonjour, ni hao, welcome, konichi wa, আরে

Term 4, Week 2, Wednesday 21 October 2026
Theme: Aiming High & Doing Your Best
Values: Respect & Excellence

Fakaalofa Lahi Atu



This week is Vagahau Niue Language Week and this year's theme is 'Working together to diligently teach and strengthen Vagahau Niue'. Even if you are half or quarter Niuean you need to be proud of who you are, you need to be proud of your culture, language and identity. It does not only happen for this week but throughout your entire life.

Community Fono - Wednesday 28 October (Week 3)
IT IS IMPORTANT FOR YOU TO ATTEND OUR FINAL FONO FOR THE YEAR!
We will be going through the following talanoa and your voice is important:

- Term 4 theme
- Term 3 attendance data
- Tonga & Samoa trip presentations
- Review of our strategic goals
- Term 3 achievement data
- Draw of 8 x $50 vouchers

At 4:30pm there will be a free sausage sizzle before the meeting starts at 5:00pm

Parking on Vine Street
Please, please, please consider the school neighbours when you stop to pick up and drop off your children or park on the roadside. You must leave the driveways clear for homeowners to access and leave their properties safely.

Term 4 - Week 1 Attendance
This is our attendance data for last week. We are trying to support our families in getting children to attend school every day. So, this is a start for you to monitor our school attendance data, week by week, during the term.
Y1 - 80% Y2 - 90% Y3 - 87% Y4 - 83%
Y5 - 89% Y6 - 88% Y7 - 88% Y8 - 92%
All of our year levels are in the 80% and over which is good and it will be extremely good if all our year levels are in the 90% range. We can get there by working together. We can do this.
Our top classes from each syndicate are as follows:

Whenua - R5 (97%) Moana - R1 (95%)
Aorangi - R16 (96%) Atea - R3 & R10 (97%)
They will be getting a Mr Whippy treat on Friday!

Congratulations to our 100% Attendance Achievers in T3
Well done and congratulations to all our students who had 100% attendance for all of Term 3. You will be receiving your Principals award sometime this week. A great achievement for the 9 students who have had 100% attendance for Terms 1, 2 and 3.



Fata Vaitimu Togi Lemanu, Principal.

Term 4 Dates- please add to your calendar
Week 2: Dental Van onsite
Wed. 21 Oct: Rumaki Whanau hui 4pm
: School leaders LIT Session 3.15pm @Bader Int.
Friday 23 Oct: Diwali Celebrations
: Mr Whippy for best attendance (W1)



Week 3: Dental Van onsite; Tokelauan Language Week; Assessment Week
Mon. 26 Oct: Labour Day -public holiday
Wed. 28 Oct: Y5&6 XCountry; Y7&8 Touch (TBC)
: Community Fono
Friday 30 Oct: Mufti Day for Atea fundraising (gold coin)
: Mr Whippy for best attendance (W2)
Week 4: Dental Van onsite; Assessment Week
Tues. 3 Nov: BoT meeting 4.30pm
Wed. 4 Nov: School leaders LIT Session 3.15pm @Bader Int.
Thurs.5 Nov: CM Games @ Bruce Pulman Park, Takanini
Friday 6 Nov: CM Games @ Bruce Pulman Park, Takanini

School Lunches
Please organise lunch for your child/ren during our last week of term (Mon. 7 Dec. – Friday 11 Dec.) and the first 2 weeks of 2027. The free lunches will start in Week 3 of 2027.
Also, all the lunches provided by the lunch collective are nut free and also suitable for Halal diets, or those who have fish/seafood allergies.



Free Parenting Magazines
There are some copies of 'Aroha in Action', available in our school office. These magazines provide information and helpful tips for parents and whanau, including information to sign up to a free Triple P course or discussion group.

School Hats



Since we are in the spring season, we will be getting a bit more sun. During Term 4, we will be wearing our school hats when outside. A reminder to all our students, if you do not have a hat then you are not allowed to play out in the sun. Please parents, if we can get hats organised for your child/ren so they are safe from the harsh NZ sun.

Left: Hosea R8 and David R12 with their table tennis certificates.

Sutton Park School Newsletter – 21 Oct. 2026

Ph. 276-4560 Email: office@suttonpark.school.nz

Our Social Worker (SWIS) is Eunice. If you need any help, please contact her Ph 021 417 321 or email eunice@mefsc.org.nz.

Reminder
Please let the office know if you have changed your address, email or phone numbers. You can do this via the school website, call, email or visit the school office.

Uniform Donations
We welcome any washed uniforms that your child may have outgrown or no longer requires. Please drop off to the office.

New Entrant Enrolments and Transitioning Term 4 2026
Students turning 5 / new entrants **must** transition before starting school. **Students wanting to start at the beginning of T1 2027, need to transition this term.**
Week 3 - Intake 2 - From Tues 27 October
Week 4 – Tues. – Thurs. 3 Nov.- 5 Nov. (transitioning) 9am-11am
Week 5 - Intake 3 -From Monday 9 November
Week 6 - Tues- Thurs 17 Nov.- 19 Nov. (transitioning) 9am-11am
Week 7 – Intake 4 – From Monday 23 November
Interested in your tamariki enrolling in the Rūmaki…
You can come and visit the Rūmaki Māori during the **even** weeks of Term 4 - Thursday mornings between 10am-11am.

Camp Payments
Payments can be made in the office by Eftpos or cash, or via bank transfer from the convenience of home:
ASB 12 3079 0198868 00 (Sutton Park School Board)
Please use your child's name and CAMP26 as references.

Navigating Social Media Together
Social media is a big part of how our students connect, learn, and share. To help our school community navigate the digital world safely, we encourage families to chat about these three golden rules at home:

- **Keep it Kind:** Remind students that behind every screen is a real person. If you wouldn't say it to someone's face in the playground, don't type it online.
- **Think Before You Post:** Photos, comments, and videos can stay online forever. Once it is out there, it is hard to take back.
- **Check Your Privacy:** Take five minutes this week to look at your privacy settings together. Make sure accounts are set to private and that you only accept.

Y8 Students
Please let the office know which high school/college your child will be attending in 2027.
If they have not been enrolled yet, do so as soon as possible.



Birthdays this week and next…



Monday: Emily R2, Sanipepa R8, Elisepa R9A and Pepese R24
Tuesday: Iva R18 Today: Palu R5
Thursday: Joseph R12, Kesaia R20 and Meeshkaa R11
Friday: Aloillangi R17
Monday: Rishavni R11, Akata R9A and Kendra R24
Welcome to our new students:
R2: Samalogologo and R9A Liam
We hope your learning journey at SPS leads to great things!

Centaurus Project
The **Centaurus Project** aims to improve inclusivity and representation in technology by collecting selfie videos from individuals of **Pacific Island background, aged 5–25 years old**.
Project Overview:

- **Task:** Record 4 short selfie videos.
- **Eligibility:** Individuals aged 5–25 from the target communities.
- **Requirements:** Provide basic demographic information and complete the consent process.
- **Parental Consent:** Required for participants under 18.
- **Participant Compensation: Ages 5–17:** $37.50 USD
  Ages 18–25: $30 USD

Interested participants can register directly through OneForma using the link below:
Registration Link: https://onetake.oneforma.com/r/T1wM6g



Sutton Park School Newsletter – 21 Oct. 2026

Ph. 276-4560 Email: office@suttonpark.school.nz

Care options for you and your whānau

Your usual doctor/GP is the best place to provide you with routine and follow-up care. You can find a GP at **healthpoint.co.nz**

There are a range of healthcare options available if you can't see your regular GP. Many are available after hours and at weekends.

Healthline 0800 611 116

- Free over-the-phone health advice 24/7 from nurses and paramedics.
- Māori clinicians are available from 8am to 8pm weekdays.
- You can send photos or videos to help explain your symptoms.
- Option to ask Healthline to call you back.

Visit **info.health.nz/healthline**

Online doctor

- Online or over-the-phone appointment with a doctor if you can't get one with your usual GP, or you don't have a GP.
- Available any time including after hours and weekends.
- Low-cost appointments for children and Community Services Card holders at some providers.

Find an online doctor at **info.health.nz/OnlineGP**

Pharmacy

- Advice on medications and minor concerns including colds, rashes and itchy skin.
- Many can also help with eye infections, urinary infections, emergency contraception, vaccinations and more.
- May be able to provide a few days of medication if you run out and need a new prescription.

Find a pharmacy at **healthpoint.co.nz**

After hours and urgent care clinics

- After hours or urgent care if your GP isn't available and you need to see someone in person.
- For urgent medical issues including breaks, sprains, bad cuts, head knocks, minor burns, eye and ear issues, and if you feel really sick.
- Free appointments for children and low-cost appointments for Community Services Card holders at some clinics.

Find your nearest urgent care clinic at **healthpoint.co.nz**

Visit **info.health.nz** for health advice and information on services.

Saili le tausiga faalesoifua malōlōina e tatau mo oe ma lou aiga

O lau fomaʻi masani/ fomaʻi faaleaiga o le nofoaga pito sili lea mo ou manaoga faalesoifua malōlōina o aso uma. E mafai ona e maua se falemaʻi faaleaiga poo le (GP) i le upega tafailagi o le **healthpoint.co.nz**

E tele ituaiga auaunaga faalesoifua malōlōina o loʻo iai pe afai e lē mafai ona maua sou avanoa i lau fomai faaleaiga. O le tele lava e tatala pe a manava galuega ma faaiuga o le vaiaso.

Healthline 0800 611 116

- O fautuaga faalesoifua malōlōina i luga o le telefoni e maua fua, 24 itula, 7 aso o le vaiaso mai tausi soifua faapea fesoasoani muamua.
- O fomaʻi Māori e iai tomai faapitoa e avanoa mai le 8 i le taeao e tau i le 8 i le po, Aso Gafua – Aso Faraile.
- E mafai ona e lafoa iai ata poʻo ata puʻe e fesoasoani i le faamatalaina o ou āuga.
- E iai le filifiliga e avatu e talosagaina ai le Healthline e toe telefoni atu ia te oe.

Asiasi i le upega tafailagi a le **info.health.nz/healthline**

O le upega tafailagi ma le telefoni o lau fomaʻi mo se taimi faatonuina

- O le upega tafailagi poʻo le telefoni mo se taimi faatonuina ma se fomaʻi pe a lē mafai ona maua se avanoa ma lau fomai faaleaiga ia po o le leai foʻi o sau fomai faaleaiga.
- E avanoa i soo se taimi e aofia ai pe a manava galuega ma faaiuga o vaiaso.
- E taugofie taimi e vaaia ai tamaiti ma tagata e iai a latou community services card i isi auaunaga faalesoifua malōlōina.

Saili se fomaʻi i luga o le upega tafailagi o le **info.health.nz/OnlineGP**

Fale talavai

- Fautuaga mo talavai ma nai popolega e aofia ai le isu mamafa, papala ma le mageso o le tino.
- E tele foi e mafai ona fesoasoani atu pe a mamaʻi mata, tulitā, faafuaseia mo le fuafuaina o le fanau, tui puipui ma isi mea e tele.
- Atonu e maua ni nai aso o talavai/vailaau pe a uma inumaga aʻo talia le talavai fou.

Saili se fale talavai i luga o le upega tafailagi **healthpoint.co.nz**

O falemaʻi e tatala i le teʻa o le 5 i le afiafi ma maʻi faanatinati pe faafuaseʻi

- O falemaʻi e tatala pea i le teʻa o le 5 i le afiafi ma maʻi faafuaseʻi pe afai ua le avanoa lau fomai faaleaiga ma ua manaomia lou vaaia o se fomaʻi.
- Mo mataupu tau le soifua malōlōina faanatinati ma faafuaseʻi e aofia ai gau, māsui, lavea leaga, ulu fetoai, mū laiti, faaletonu i mata ma taliga ma pe afai e lagona le maʻi tele.
- E vaai fua tamaiti ma paʻu le tau mo i latou e iai community service card, i nisi falemai.

Saili lau falemaʻi faafuasei o lata ane i luga o le upega tafailagi **healthpoint.co.nz**

Asiasi i le upega tafailagi o le **info.health.nz** mo faamatalaga i auaunaga.

Health New Zealand
Te Whatu Ora

Fekumi ki he tokoni lelei taha maʻau pea mo ho fāmiliʻ

ʻE maʻu ʻa e ngaahi tokoni lelei taha ki hoʻo ngaahi fiemaʻu ki he moʻuilelei´ he taimi kotoa pē mei hoʻo toketā fakafāmili´/kautaha pē potungāue ʻoku nau tokangaekina ʻa e kāinga Pasifiki´. Vakai ki he lisi ʻo e kau toketā fakafāmili´ pē ʻoku ʻiloa ko e (GP) ʻi he uepisaiti **healthpoint.co.nz**

ʻOku ʻi ai pē mo e ngaahi tokoni kehekehe ki he moʻui´ kapau ʻoku ʻikai faingamālie ke ke sio ki he toketā. Ko e tokolahi ʻoku nau faingamālie hili ʻa e ngaahi houa ngāue angamaheni´ pea mo e fakaʻosinga ʻo e uike´.

Healthline 0800 611 116

- Maʻu ha ngaahi faleʻi taʻetotongi ʻi he telefoni´ ʻi ha faʻahinga taimi pē 24/7 mei he kau neesi´ mo e kau taukei ki he ngāue fakafaitoʻo fekauʻaki fakatuʻutāmaki fakavavevave´ pe ʻoku ʻiloa ko e kau paramedics.
- ʻOku ʻataa ʻa e kau toketā Mauli´ ʻi he fakaʻosinga ʻo e uike´ mei he 8am ki he 8pm.
- ʻE lava ke ke ʻave ha ngaahi ʻata pe vitiō ke tokoni ki he talatala ho ngaahi faingatāʻia´.
- ʻOku lava pē ke kole ki he kau ngāue ʻa e Healthline ke nau toki tā atu.

Vakai ki he uepisaiti **info.health.nz/healthline**

Ko e ngaahi ʻapoinimeni toketā ʻi he ʻinitanetí

- ʻApoinimeni toketā ʻi he ʻinitanetí pe telefoni ʻo kapau ʻoku ʻikai ke maʻu ha faingamālie ke ke sio ai ki hoʻo toketā fakafāmili´ pe toketā, pe ʻoku teʻeki ke ʻi ai haʻo toketā fakafāmili.
- Faingamālie pē ʻi ha faʻahinga taimi ʻo kau ai ʻa e ngaahi houa ngāue angamaheni´ mo e fakaʻosinga ʻo e uike´.
- Totongi maʻamaʻa ʻo e ngaahi ʻapoinimeni ʻa e fānau iiki´ mo kinautolu ʻoku ʻi ai ʻenau kaati ʻoku ʻiloa ko e Community Services Card.

Fekumi ki ha toketā ʻi he ʻinitanetí´ ʻi haʻo vakai ki he uepisaiti **info.health.nz/OnlineGP**

Faletalavai

- Faleʻi fekauʻaki mo e ngaahi faitoʻo pe foʻi ʻakau´ mo e ngaahi faingatāʻia fakasino´ ʻo kau ai ʻa e maʻu ʻe he momoko´, mahaki kili pe velia e kili´.
- ʻOku tokolahi ʻa kinautolu te nau lava ke tokoni ki he ngaahi mahaki ʻo e mata´, ngaahi mahaki ʻo e halanga vai´, tokoni fakatoʻotoʻo ki he fakavaha fanau´, ngaahi huhu maluʻi´ mo e ngaahi tokoni kehe pē.
- Mahalo naʻa lava ke maʻu haʻo faitoʻo pe foʻi ʻakau fakataimi pē kapau kuo ʻosi pe toe fiemaʻu ha faitoʻo pe foʻi ʻakau foʻou.

Vakai ki he uepisaiti **healthpoint.co.nz** ki he lisi ʻo e ngaahi fale talavai´.

Ngaahi kilīniki ʻoku ava hili ʻa e taimi ngāue angamaheni´ pe ʻoku nau fakahoko ʻa e ngaahi tokoni fakavavevave´

- Ngaahi tokoni hili ʻa e houa ngāue angamaheni´ pe tokoni fakavavevave kapau ʻoku ʻikai ke faingamālie ʻa hoʻo toketā fakafāmili´ pea ʻoku´ ke fiemaʻu ke ke sio hangatonu ki ha toketā.
- Ki he ngaahi tokoni fakafaitoʻo fakavavevave kau ai ʻa e fasi, maumau ki he uoua, lavea lahi, lavea lahi ki he ʻulu´, vela iiki, palopalema ki he mata´ pe telinga´ pē ongoʻi faingatāʻia ʻaupito.
- ʻApoinimeni taʻetotongi ki he fānau iiki´ mo e totongi maʻamaʻa ʻa e ʻapoinimeni ki a kinautolu ʻoku ʻi ai ʻenau kaati ʻoku ʻiloa ko e community service card ʻoku ngāueʻaki ʻi he ngaahi kilīniki´.

Vakai ki he uepisaiti **healthpoint.co.nz** ki he kilīniki ofi taha ki ha ngaahi tokoni fakavavevave.

Sutton Park School Newsletter – 21 Oct. 2026

Ph. 276-4560 Email: office@suttonpark.school.nz