

Nga mihi, mālō e lelei, talofa lava, kia orana, bula, namaste, talofa ni, fakalofa lahi atu, sabiadee, ola, bonjour, ni hao, welcome, konichi wa, আরে

Term 3, Week 10, Wednesday 23 September 2026
Theme: Embracing Diversity and Wellbeing Through Sports
Values: Perseverance and Respect

Fiji Language Week Celebrations

'Na noqu vosa me tekivu mai vale ka me'u na vosataka e na veisiga.' *'My Language starts at home, and I need to speak it every day'.*

What a lovely theme to empower our children to speak the Fijian language at home as well as at school. We had a lovely assembly that was led by our Fiji team of students and they led it very well indeed. We then had some performances from our students who did some traditional Fijian dances as well as a Bollywood item. I welcomed and thanked the parents for being present at the official opening ceremony. Thank you to the team of teachers who are making this possible for our children. Thank you for your organisation and planning for this week.



Final Week of Term 3

We have made it to Week 10 and I wanted to congratulate parents for bringing your child/ren to school every day this term. You are the role models for your child/ren and it is good for them to see you prepare them for school daily. If your child/ren are happy then the learning happens. Thank you parents for your dedication and commitment.

Last Day of Term is Friday 3pm Finish – House Sports

A reminder that everyone is to come in their house colours, so they can be part of the interhouse sports competition. There is to be NO RED or BLUE clothes on Friday. Kauri = orange, Kowhai = yellow, Totara = green and Pohutukawa = purple.

Principal's Awards (Term 3)

Congratulations to all students who received my Principal's Award this week. This is a great achievement and you should be proud of your child. They definitely deserve the award for their consistent achievements in the different learning areas of Reading, Writing and Maths.

Parents, We Need Your Help

If you see anything unusual after school at the park or at the back of the shops or walking home, you need to contact the school office straight away so we can deal with whatever incident it is. We need to ensure that everyone is safe after school. Please help us put an end to any unwelcome incidents or antisocial behaviour.



Fata Vaitimu Togi Lemanu, Principal.

Right: Students wearing shirts they printed during Te Wiki o te Reo Maori.

Term 3 Dates:

Week 10: Fijian Language Week

Thur. 24 Sept: Mr Whippy for best attendance W9

Friday 25 Sept: Whanau/House Sports: wear your house colour! Last day of Term 3- finish 3pm

Term 4 Dates:

Week 1: Photos -wear correct uniform! Dental Van onsite

Mon. 12 Oct: Term 4 begins – Team/Leader/Sibling photos

Tues. 13 Oct: Class and Individual Photos

Term 3 - Week 8 Attendance

This is our attendance data for Week 8. We are trying to support our families in getting children to attend school every day. So, this is for you to monitor our school attendance data, week by week.

Y1 – 79% Y2 – 87% Y3 – 80% Y4 – 85%

Y5 – 88% Y6 – 87% Y7 – 88% Y8 – 89%

Our Year levels are mostly in the 80% range and over which is good. It will be extremely good if all our Year levels are in the 90% range. We can get there by working together. We can do this.

Our top classes from each syndicate are as follows:

Whenua – R5 (93%)

Moana – R1 (93%)

Aorangi – R12 (93%)

Atea – R3 & R11 (92%)

Congratulations to each of the top classes who were in the 90% range, great effort! You will be rewarded by Mr Whippy tomorrow.



School Photos -Term 4

Photolife will be coming on the first 2 days of Term 4 to take photos. Mon. 12 Oct. for team/leaders/group/sibling photos and on Tuesday 13 October for the class photos and individual portraits. **Sibling Portraits** will only be taken if you submit an online request:

https://forms.photolife.co.nz/photolifeltd/form/SiblingsPhotosRequestForm/formperma/JgpAIWWMHCUXQagHdfPD_eOteRCaIKG8Zx2E_Ct3qQyW?zfcrm_entity=68c71c3414d18f51051556e42a7a1224830c9881414c013c2c31364f8d3f3a63f89246f32760ca118de75322570d2ac743e6c431c96d5dbcd15f79d50fcf71ee

Fundraising

Thank you for your help with supporting the Rumaki's mufti day last Friday, \$638 was raised. Wig Wednesday raised \$270 for the Child Cancer Foundation.

No Mobile Phones at School

It has come to my attention that students are taking photos and posting them up onto Facebook and other social media platforms. I reminded our students at assembly that there is **ZERO TOLERANCE** for such things. Students will be warned if it is their first ever incident, stood down if it is done again and then probably suspended depending on the incident. It is **ZERO TOLERANCE** not only for phone use, but also for fights, bullying, tagging on school property and disrespectful behaviour towards others, to name a few.

Mobile phones need to be given into the office upon arrival to school and then picked up at the end of the school day.





Sutton Park School Newsletter – 23 Sept. 2026

Ph. 276-4560

Email: office@suttonpark.school.nz

Our Social Worker (SWIS) is Eunice. If you need any help, please contact her Ph 021 417 321 or email eunice@mefsc.org.nz.

Reminder

Please let the office know if you have changed your address, email or phone numbers. You can do this via the school website, call, email or visit the school office.

Uniform Donations

We welcome any washed uniforms that your child may have outgrown or no longer requires. Please drop off to the office.

New Entrant Enrolments and Transitioning Term 4 2026

Students turning 5 / new entrants **must** transition before starting school.

Week 1 - Intake 1 - From Monday 12 October

Week 2 - Tues – Thurs. 20 Oct.- 23 July (transitioning) 9am-11am

Week 3 - Intake 2 - From Mon 26 October

Week 4 – Tues. – Thurs. 3 Nov.- 5 Nov. (transitioning) 9am-11am

Week 5 - Intake 3 -From Monday 9 November

Week 6 - Tues- Thurs 17 Nov.- 19 Nov. (transitioning) 9am-11am

Interested in your tamariki enrolling in the Rūmaki...

You can come and visit the Rūmaki Māori during the **even** weeks of Term 4 - Thursday mornings between 10am-11am.

Camp Payments

Payments can be made in the office by Eftpos or cash, or via bank transfer from the convenience of home:

ASB 12 3079 0198868 00 (Sutton Park School Board)

Please use your child's name and CAMP26 as references.

School Hats

Since we are in the spring season, we will be getting a bit more sun. In Term 4, we will start wearing our school hats when outside. A reminder to all our students, if you do not have a school hat then you are not allowed to play out in the sun. Please parents, if we can get hats organised for your child/ren for the start of Term 4.



Students of the Week (Week 9)

Well done to the following students:

R1 Joanna, R2 Zyke, R3 Pace, R4 Sione, R4A Roy, R5 Simaima, R6 'Ovalata, R6B Fifita, R7 Sosina, R8 Helen, R9 Vaiola, R9A 'Akata, R10 Vaosea, R11 Tevai, R11A Naomi, R12 Esther and Savanna, R13A William, R13B Potifara, R14 Dro, R15 Praise, R16 Anitta, R17 Maria, R18 Mathew, R21 Technology, R24 Pepese, and R25 Ane.

Birthdays this week...

Today: Avary R24 Thursday: Kha'ryis R14

Friday: Suifua R9A and Luke R2

Saturday: Talalelei R18 and Kinjal R13B

...and during the holidays...

Mack R6, Mele R4A, Sione R5, Falaresa R17, Stenley R24, Sione R11, Samaira R14, Pita R7, Josiah R21, Lavinia R3, JT R11A, Sebastian R25, Elmeah R11A, Seini R10, Ali R13B, Alaiah R14, Fakava R4A, Prince R21, Paris R10, and Vaimoana R9.

Welcome to our new students: Tatiana R2 and 'Epalahama R4
We hope your learning journey at SPS leads to great things!



AUCKLAND SOFTBALL ASSOCIATION PRESENTS

HOLIDAY SOFTBALL CAMP

Hosted by Onewhanga Māngere Softball Club

SEPTEMBER 28TH - OCTOBER 2ND
AGES 6-10 YRS OLD
10 AM to 1 PM

OCTOBER 5TH - 9TH
AGES 11-16 YRS OLD

SCAN TO REGISTER

REGISTER TODAY!

<https://www.softballauckland.org.nz/viewform/528519>

PLAY | LEARN | MAKE FRIENDS | HAVE FUN

GIVE SOFTBALL A GO!

MORE THAN A GAME

LEARN THE BASIC SKILLS
PLAY TEAM GAMES
MAKE NEW FRIENDS
ALL SKILL LEVELS WELCOME

KIDS COMMUNITY CONFIDENCE LIFELONG SKILLS

Navigating Social Media Together

Social media is a big part of how our students connect, learn, and share. To help our school community navigate the digital world safely, we encourage families to chat about these three golden rules at home:

Keep it Kind: Remind students that behind every screen is a real person. If you wouldn't say it to someone's face in the playground, don't type it online.

Think Before You Post: Photos, comments, and videos can stay online forever. Once it is out there, it is hard to take back.

Check Your Privacy: Take five minutes this week to look at your privacy settings together. Make sure accounts are set to private and that you only accept

New Zealand General Elections 2026 Registrations

I am wanting to ensure that those who are eligible to vote in the NZ elections 2026 have already registered.

You must be enrolled by midnight 25 October to vote.

The link below will take you to the voting website.

<https://vote.nz/enrolling/enrol-or-update/enrol-or-update-online>

goodseeds out of school care

SCHOOL HOLIDAY PROGRAMME

28TH SEP - 9TH OCT

188 MERVAN STREET MANGERE

EDIBLE Craft DAY 28 SEP

SUPER HERO DAY 29 SEP

Trip Day: WHEELS UP! 30 SEP

Tech n Pizza PARTY 1 OCT

KIWI VALLEY FARM PARK 2 OCT

Taste of Spring 5 OCT

Mervan Cup Game 6 OCT

PARK 7 OCT

Spring Fest 8 OCT

Trip Day: 9 OCT

WINZ SUBSIDY APPLIES

EMAIL info@goodseedstrust.co.nz TO ENROL!
7.30AM - 6PM ENQUIRE NOW FOR BOOKINGS

goodseeds out of school care

PLAY • LEARN • CREATE • BELONG

MANGERE BRIDGE

5, 10, 21

FUN RUN

RUN • WALK • STROLL • STRIDE

Sunday 27th September 2026

Kimihiā ngā ratonga tiaki hauora e tika ana mōu me tō whānau

Ko te wāhi pai katoa hei tiaki i tō hauora ko tō rata, ko tō ratonga hauora rānei. Kimihiā tētahi rata i healthpoint.co.nz

He whānui ngā kōwhiringa tiaki hauora hei whai māu ki te kore koe e āhei ki te kite i tō rata. He nui e wātea ana i ngā hāora tōmuri me ngā mutunga wiki.

Healthline 0800 611 116



- He tohutohu utukore i te waea nā ngā tapuhi me ngā manapou tata, ao noa, pō noa.
- He rata Māori e wātea ana mēnā kāore ō rata, mai i te 8 i te ata, ki te 8 i te pō i ngā rā o te wiki.
- Tukua mai he whakaahua, he ataata rānei hei whakamārama i ō tohumate.
- Tonoa a Healthline kia waeahia koe. Toro mai ki info.health.nz/healthline

He tāpui rata ā-ipurangi



- He tāpui ā-ipurangi, ā-waea rānei me te rata, mēnā kāore e āhei te pērā i te taha o tōu ake rata.
- E wātea ana i ngā wā katoa, i ngā hāora tōmuri me ngā mutunga wiki.
- He tāpui iti te utu mā ngā tamariki me ērā he kāri ratonga hapori ā rātau i ētahi ratonga.

Kimihiā tētahi rata i info.health.nz/OnlineGP

Toa rongoā



- He tohutohu mō ngā rongoā me ngā mate iti, pēnei i te maramare, ngā hāhaki me te torotiti.
- He nui anō ka āwhina i ngā toretore kanohi, ngā mate aramimi, ngā ārai hapū ohotata, ngā rongoā āraimate me ētahi atu mea.
- Ka āhei pea ētahi ki te hoatu rongoā mō ētahi rā ki te pau i a koe ōu, waihoki, e pirangi tūtohu ana koe.

Kimihiā tētahi toa rongoā i healthpoint.co.nz

I ngā hāora tōmuri me ngā whare haumanu ohotata



- He āwhina i ngā hāora tōmuri, he āwhina ohotata rānei mēnā kāore tōu ake rata e wātea ana, waihoki, me kite ā-kanohi koe i tētahi.
- Me he take ohotata, pēnei i te whati, te takaki, ngā motu kino, ngā tukinga upoko, ngā wera iti, ngā mate kanohi, ngā mate taringa, ā, mēnā kei te tino māuiui koe
- He tāpui utukore mā ngā tamariki, he tāpui iti te utu mā ērā he kāri ratonga hapori ā rātau i ētahi whare haumanu.

Kimihiā tō whare haumanu tūtata i healthpoint.co.nz

Toro mai ki info.health.nz he tohutohu ā-hauora, he kōrero anō mō ngā ratonga kei konei.

Health New Zealand
Te Whatu Ora

Care options for you and your whānau

Your usual doctor/GP is the best place to provide you with routine and follow-up care. You can find a GP at healthpoint.co.nz

There are a range of healthcare options available if you can't see your regular GP. Many are available after hours and at weekends.

Healthline 0800 611 116



- Free over-the-phone health advice 24/7 from nurses and paramedics.
- Māori clinicians are available from 8am to 8pm weekdays.
- You can send photos or videos to help explain your symptoms.
- Option to ask Healthline to call you back.

Visit info.health.nz/healthline

Online doctor



- Online or over-the-phone appointment with a doctor if you can't get one with your usual GP, or you don't have a GP.
- Available any time including after hours and weekends.
- Low-cost appointments for children and Community Services Card holders at some providers.

Find an online doctor at info.health.nz/OnlineGP

Pharmacy



- Advice on medications and minor concerns including colds, rashes and itchy skin.
- Many can also help with eye infections, urinary infections, emergency contraception, vaccinations and more.
- May be able to provide a few days of medication if you run out and need a new prescription.

Find a pharmacy at healthpoint.co.nz

After hours and urgent care clinics



- After hours or urgent care if your GP isn't available and you need to see someone in person.
- For urgent medical issues including breaks, sprains, bad cuts, head knocks, minor burns, eye and ear issues, and if you feel really sick.
- Free appointments for children and low-cost appointments for Community Services Card holders at some clinics.

Find your nearest urgent care clinic at healthpoint.co.nz

Visit info.health.nz for health advice and information on services.

Saili le tausiga faalesoifua malōlōina e tatau mo oe ma lou aiga

O lau foma'i masani/ foma'i faaleaiga o le nofoaga pito sili lea mo ou manaoga faalesoifua malōlōina o aso uma. E mafai ona e maua se falema'i faaleaiga poo le (GP) i le upega tafailagi o le healthpoint.co.nz

E tele ituaiga auunaga faalesoifua malōlōina o lo'o iai pe afai e lē mafai ona maua sou avanoa i lau foma'i faaleaiga. O le tele lava e tatala pe a manava galuega ma faaiuga o le vaiaso.

Healthline 0800 611 116



- O fautuaga faalesoifua malōlōina i luga o le telefoni e maua fua, 24 itula, 7 aso o le vaiaso mai tausi soifua faapea fesoasoani muamua.
- O foma'i Māori e iai tomali faapitoa e avanoa mai le 8 i le taeao e tau i le 8 i le po, Aso Gafua – Aso Faralile.
- E mafai ona e lafoa iai ata po'o ata pu'e e fesoasoani i le faamatalaina o ou āuga.
- E iai le fiilifiliga e avatu e talosagaina ai le Healthline e toe telefoni atu ia te oe.

Asiasi i le upega tafailagi a le info.health.nz/healthline

O le upega tafailagi ma le telefoni o lau foma'i mo se taimi faatonuina



- O le upega tafailagi po'o le telefoni mo se taimi faatonuina ma se foma'i pe a lē mafai ona maua se avanoa ma lau foma'i faaleaiga ia po o le leai fo'i o sau foma'i faaleaiga.
- E avanoa i soo se taimi e aafia ai pe a manava galuega ma faaiuga o vaiaso.
- E taugofie taimi e vaai ai tamaiti ma tagata e iai a latou community services card i isi auunaga faalesoifua malōlōina.

Saili se foma'i i luga o le upega tafailagi o le info.health.nz/OnlineGP

Fale talavai



- Fautuaga mo talavai ma nai popolega e aafia ai le isu mamafa, papala ma le mageso o le tino.
- E tele foi e mafai ona fesoasoani atu pe a mama'i mata, tulitā, faafuaseia mo le fuafuaina o le fanau, tui puipui ma isi mea e tele.
- Atonu e maua ni nai aso o talavai/vailaau pe a uma inumaga a'o talia le talavai fou.

Saili se fale talavai i luga o le upega tafailagi healthpoint.co.nz

O falema'i e tatala i le te'a o le 5 i le afiafi ma ma'i faanatinati pe faafuase'i



- O falema'i e tatala pea i le te'a o le 5 i le afiafi ma ma'i faafuase'i pe afai ua le avanoa lau foma'i faaleaiga ma ua manaomia lou vaai o se foma'i.
- Mo mataupu tau le soifua malōlōina faanatinati ma faafuase'i e aafia ai gau, māsui, lavea leaga, ulu fetoi, mā laiti, faaletonu i mata ma taliga ma pe afai e lagona le ma'i tele.
- E vaai fua tamaiti ma pa'u le tau mo i latou e iai community service card, i nisi falema'i.

Saili lau falema'i faafuase'i o lata ane i luga o le upega tafailagi healthpoint.co.nz

Asiasi i le upega tafailagi o le info.health.nz mo faamatalaga i auunaga.

Health New Zealand
Te Whatu Ora

Fekumi ki he tokoni lelei taha ma'au pea mo ho fāmili

'E ma'u 'a e ngaahi tokoni lelei taha ki ho' ngaahi fiema'u ki he mo'uilelei' he taimi kotoa pē mei ho'o toketā fakafāmili/kautaha pē potungāue 'oku nau tokangaekina 'a e kāinga Pasifiki'. Vakai ki he lisi 'o e kau toketā fakafāmili' pē 'oku 'iloa ko e (GP) 'i he uepisaiti healthpoint.co.nz

'Oku 'i ai pē mo e ngaahi tokoni kehekehe ki he mo'ui' kapau 'oku 'ikai faingamālie ke ke sio ki he toketā. Ko e tokolahi 'oku nau faingamālie hili 'a e ngaahi houa ngāue angamaheni' pea mo e faka'osinga 'o e uike'.

Healthline 0800 611 116



- Ma'u ha ngaahi fale'i ta'etotongi 'i he telefoni' 'i ha fa'ahinga taimi pē 24/7 mei he kau neesi' mo e kau taukei ki he ngāue fakafaito' fakau'aki fakatu'utamaki fakavavevave' pe 'oku 'iloa ko e kau paramedics.
- 'Oku 'ataa 'a e kau toketā Mauli' 'i he faka'osinga 'o e uike' mei he 8am ki he 8pm.
- 'E lava ke ke 'ave ha ngaahi 'ata pe vitio ke tokoni ki he talatala ho ngaahi faingata'ia'.
- 'Oku lava pē ke kole ki he kau ngāue 'a e Healthline ke nau toki tā atu.

Vakai ki he uepisaiti info.health.nz/healthline

Ko e ngaahi 'apoinimeni toketā' i he 'initaneti



- 'Apoinimeni toketā' 'i he 'initaneti pe telefoni' 'o kapau 'oku 'ikai ke ma'u ha faingamālie ke ke sio ai ki ho'o toketā fakafāmili' pe toketā, pe 'oku te'eki ke 'i ai ha'o toketā fakafāmili'.
- Faingamālie pē 'i ha fa'ahinga taimi 'o kau ai 'a e ngaahi houa ngāue angamaheni' mo e faka'osinga 'o e uike'.
- Totongi ma'amā'a 'o e ngaahi 'apoinimeni' 'a e fanau iiki' mo kinautolu 'oku 'i ai 'enua kaati' 'oku 'iloa ko e Community Services Card.

Fekumi ki he toketā 'i he 'initaneti' 'i ha'o vakai ki he uepisaiti info.health.nz/OnlineGP

Faletalavai



- Fale'i fakau'aki mo e ngaahi faito'o pe fo'i 'akau' mo e ngaahi faingata'ia fakasino 'o kau ai 'a e ma'u 'e he momoko', mahaki kilii pe velia e kilii'.
- 'Oku tokolahi 'a kinautolu te nau lava ke tokoni ki he ngaahi mahaki 'o e mata', ngaahi mahaki 'o e halanga vai', tokoni fakato'oto' ki he fakavaha fanau', ngaahi huhu malu' mo e ngaahi tokoni kehe pē.
- Mahalo na'a lava ke ma'u ha'o faito'o pe fo'i 'akau fakataimi pē kapau kuo 'osi pe toe fiema'u ha faito'o pe fo'i 'akau fo'u.

Vakai ki he uepisaiti healthpoint.co.nz ki he lisi 'o e ngaahi fale talavai'.

Ngaahi kiliniki 'oku ava hili 'a e taimi ngāue angamaheni' pe 'oku nau fakahoko 'a e ngaahi tokoni fakavavevave'



- Ngaahi tokoni hili 'a e houa ngāue angamaheni' pe tokoni fakavavevave kapau 'oku 'ikai ke faingamālie 'a ho'o toketā fakafāmili' pea 'oku' ke fiema'u ke ke sio hangatonu ki ha toketā.
- Ki he ngaahi tokoni fakafaito' fakavavevave kau ai 'a e fasi, maumau ki he uoua, lavea lahi, lavea lahi ki he 'ulu', vela iiki, palopalema ki he mata pe telinga' pē ongo'i faingata'ia aupito.
- 'Apoinimeni ta'etotongi ki he fanau iiki' mo e totongi ma'amā'a 'a e 'apoinimeni ki a kinautolu 'oku 'i ai 'enua kaati' 'oku 'iloa ko e community service card' 'oku ngāue'aki 'i he ngaahi kiliniki'.

Vakai ki he uepisaiti healthpoint.co.nz ki he kiliniki oti taha ki ha ngaahi tokoni fakavavevave.

SCHOOL HOLIDAYS

AT MĀNGERE EAST LIBRARY

WEEK 1:

Sat 26, All Day:

Woven Fish

Sun 27, 12–4pm:

Wool Revolution

Mon 28, 10–1pm:

Wool Revolution

Tue 29, 2:30pm **Spaces limited:**

Ocean in a Bottle

Wed 30, 10:30am:

Woven Bowls

Thur 1, 10:30am onwards:

Movie Day

Fri 2, 2:30pm:

Digital Scavenger Hunt

Sat 3, All Day:

Lego



WEEK 2:

Sun 4, 12–3pm:

Wool Revolution

Mon 5, 10–1pm:

Wool Revolution

Tue 6, 10:30am:

Masi Painting

Wed 7, **Booking Required:**

Sewing Floor Turtles (ages 8+)

Thur 8, 2:30pm:

Rainbow Fish Muffins

Fri 9, 10:30am **Booking Required:**

Fijian Fan decorating

Sat 10 & Sun 11, All Day:

DIY Fidget Toy

To book email
megan.golding@aucklandcouncil.govt.nz,
message us on Facebook or talk to a
staff member at the desk

